

Acupuncture—Hypnotherapy

Brian Phillips D.Ac.,C.Ht. is a Certified Advanced Hypnotherapist and Acupuncturist with over 12 years of clinical experience. Brian studied in British Columbia, graduated from the Pacific Wellness Institute with full credentials in both human and veterinary acupuncture, as well as advanced hypnotherapy. He completed 2900 hours in post-graduate studies in Chinese and mainly Japanese Acupuncture.

Brian is very well versed in and has an excellent knowledge of Chinese Herbs and teas which he incorporates into his treatments, to expedite healing and strengthening.

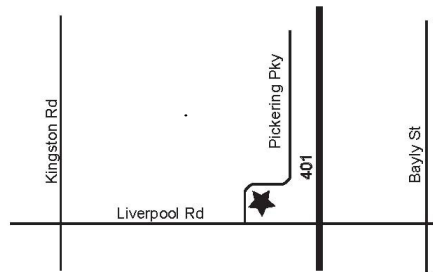
Brian has been featured on CTV, CBC, Global National and Rogers Local TV for his uniquely successful practice treating many ailments and addictions in both humans and animals (predominantly dogs & horses).

Brian is prepared to accept any challenge, any health condition or complex of symptoms which may not have responded to other treatment modalities. Acupuncture may be your solution.

**Call Santé for more information:
905.250.1322**

Santé Clinic Hours

Monday	9:30 AM—8:30 PM
Tuesday	9:00 AM—8:30 PM
Wednesday	9:30 AM—4:30 PM
Thursday	9:00 AM—9:00 PM
Friday	8:30 AM—2:30 PM
Saturday	8:30 AM—4:30 PM
Sunday	10:00 AM—2:00 PM



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Acupuncture Hypnotherapy

Brian Phillips, D.Ac., C.Ht.

Certified Advanced Hypnotherapist
& Acupuncturist

Chinese Herbalist



 EXCEPTIONAL HEALTHCARE

Acupuncture

Brian Phillips D.Ac.,C.Ht.

Acupuncture is a safe and effective natural therapy that on its own, or as a complementary therapy, is used to heal illness, prevent disease and improve well-being.

Pre-sterilized, hair-thin, one-time use disposable needles are inserted into specific, very precise acupuncture points in the body, where they trigger the body's natural healing response.

We use a Japanese technique of painless needling that often penetrates only the superficial layers of skin.

In Asian theory, this 4,000 year old art stimulates meridian flow and autoimmune response to harmonize the body's energy and enhance the health of both body and mind.

In Western medical terms, acupuncture brings about physiological change, influencing both central and peripheral nervous systems, stimulating the release of brain chemicals, endorphins, blood flow and healing by altering brain chemistry and encouraging the body to promote natural healing and improve function.



Conditions Treated with Acupuncture & Hypnotherapy

- Addictions: Smoking, Weight Loss
- Motor Vehicle Trauma & Whiplash
- Colitis, Constipation & Indigestion
- Chemotherapy Nausea/Vomiting
- Neuralgia, Trigeminal Neuralgia
- Anxiety, Depression, Insomnia
- Menstrual & Menopausal Pain
- Chronic Fatigue, Low Energy
- Tennis Elbow/Golfer's Elbow
- Bronchitis & Sinus Problems
- Shoulder, Neck & Back Pain
- After Stroke Rehabilitation
- High/Low Blood Pressure
- Carpal Tunnel Syndrome
- Arthritis, Rheumatism
- Headache & Migraine
- Hepatitis, Gallstones
- Tendonitis & Bursitis
- Sexual Dysfunctions
- Allergies & Asthma
- Digestive Problems
- Multiple Sclerosis
- Frozen Shoulder
- Poor Circulation
- Sports Injuries
- Fibromyalgia
- Infertility
- Diabetes
- Phobias
- Sciatica

Treatment is tailored to each client's needs.

Hypnotherapy

Brian Phillips D.Ac.,C.Ht.

Hypnosis is a means of bypassing the critical conscious mind to access the subconscious mind.

It is a procedure that can affect changes in sensation, perception, thoughts, feelings or behaviours by working with the subconscious mind.

No one can be hypnotized if they don't wish to be. It is really self-hypnosis, because you have to allow it to happen.

Why Use Hypnotherapy?

To overcome and control compulsions and habits such as smoking, nail-biting, or eating disorders.

To overcome fears or phobias, and self-esteem issues.

To treat sleep disturbance or sleep deprivation/insomnia

For pain management and pain control.

To enhance performance.

For sports improvement.

Call Santé today to book your appointment:

905.250.1322
